

Miscellaneous details you should know...

Dress:

Boys: Dress slacks, white shirts and tie. (Suit / Jacket is optional)

Girls: White or ivory dress, veil or floral or ribbon as headgear.

Please: No elaborate clothing, tuxedos, dresses with trains or hoops. Girls with gloves need to remove them for the Mass



First Communion Items

The parish does not require the children to have extra items. The children should not bring anything in their hands during the procession or while receiving Communion. Your family and friends may want to purchase rosaries, bibles and other gifts. These can be purchased at a variety of religious stores.

Spiritual Matters

The children will be taught how to receive the Eucharist, and shown both options for receiving the Body of Christ (in the hands or on the tongue). Please reinforce this with your child at home.

Going to Mass during the preparation time and in the future is crucial to your child's religious upbringing.

The fast for Communion is no food or drinks (except water) one hour before receiving the Eucharist.

Preparation for this Sacrament should focus on the spiritual aspects of prayer, a relationship with Our Lord, and learning to follow God more closely. Focusing on material things sends the children a wrong message.